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## Urinary Tract Infections

A urinary tract infection, or UTI, is an infection of the bladder or kidneys.

Symptoms: (Children may have the following complaints)

- Burning sensation with urination
- Feeling an urgency to go to the bathroom, but only passing a few drops
- Blood in urine
- Abdominal pain or back pain
- Daytime accidents
- Bedwetting even if normally dry night
- Fever

Treatment

- Take antibiotics as prescribed, even if symptoms are resolved
- Drink lots of liquids
- Urinate frequently
- A plain water warm bath is very soothing

Call the Office If:

- Your child does not improve after 2-3 days on antibiotics
- Your child develops a fever after starting antibiotics
- Your child develops a rash
- You have any questions or concerns

Prevention

- Teach your child to wipe from front to back for urine and bowel movements
- Wear cotton underwear
- Discontinue bubble baths and avoid creams or powders in the genital area
- Drink plenty of fluids everyday
- Use the bathroom to empty bladder every 3-4 hours during the day and before bedtime.

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